

## SOMERVILLE YOUTH WORKERS NETWORK RESOURCE LIST

### **Cambridge Health Alliance Family Planning Department**

Mailing address: 230 Highland Ave SON  
Somerville, MA 02143  
Physical address: 125 Lowell St  
Somerville, MA 02143

#### **Contacts:**

- Diane Baker  
Director Family Planning  
Phone: (617) 591-6735
- Jessica Moschella  
Community Health Educator,  
Health Counselor Teen Connection  
Phone: (617) 575-5696  
Email: [jmoschella@challiance.org](mailto:jmoschella@challiance.org)
- Lindsay Brown  
Community Health Educator  
Phone: (617) 591-6829  
Email: [lbrown@challiance.org](mailto:lbrown@challiance.org)
- Lora Venesy  
Supervisor Family Planning  
Phone: (617) 591-6779  
Email: [lvenesy@challiance.org](mailto:lvenesy@challiance.org)
- Natasha Gosek  
Community Health Educator,  
Cope Director  
Phone: (617) 625-6600 x6156

**Program Description:** *Teen Connection:*  
Provides sexual education, counseling and testing for teens in Somerville.

*Contact:* Somerville High School  
81 Highland Avenue  
Somerville, MA 02143  
Phone: (617) 575-5690

*Cope: A Program for Pregnant and Parenting Teens Somerville School District:* Program is designed to help pregnant and parenting teens maintain their academic focus for high-school graduation while learning parenting skills.

*Community Education:* Education is provided to teens on topics such as: Relationships, puberty, birth control/safe sex, HIV Etc.

**Centro Presente, Inc.:** Latino Youth Arts and Leadership Program.

*Contact:* Wil Renderos  
Phone: (617) 497-9080 x30  
Email: [wrenderos@cpresente.org](mailto:wrenderos@cpresente.org)  
Website: [www.cpresente.org](http://www.cpresente.org)

### **City of Somerville Community Youth Program**

165 Broadway  
Somerville, MA 02143  
Phone: (617) 625-6600 x2255

#### **Contacts:**

- Roland James (Director)  
Email: [RJAMES@ci.somerville.ma.us](mailto:RJAMES@ci.somerville.ma.us)
- Robbie Cartmill (Asst. Dir)  
Email: [RCartmill@ci.somerville.ma.us](mailto:RCartmill@ci.somerville.ma.us)

**Program Description:** *Drop-In Center:* A center with pool tables, dances, educational workshops, computer games, movie nights, community gatherings. Open school year and summer.

*Youth Leadership Development Program:*  
Designed to empower young people by building leadership, public speaking, decision-making, and communication skills. Participants earn a stipend of \$225.

*Crime and Violence Prevention Initiative:*  
Collaboration between the Somerville Police Department and the Youth Program to reduce and to raise awareness about crime and violence issues among youth.

*Youth Council Contact :* Jesse Kanson-Benanav  
Phone: (617) 776-5931 x230

*Teen Empowerment:* See Teen Empowerment

### **City of Somerville Multi-Cultural Commission**

93 Highland Ave.  
Somerville, MA 02143  
**Contact:** Aru Manrique  
Phone: (617) 625-6600 x3304  
Email: [amanrique@ci.somerville.ma.us](mailto:amanrique@ci.somerville.ma.us)

**Community Action Agency of Somerville**

66-70 Union Sq, Room 104

Somerville, MA 02143

**Contact:** Ismael Vasquez

Phone: (617) 623-7370 x118

Fax: (617) 628-2512

Email: [ivasquez@caasomerville.org](mailto:ivasquez@caasomerville.org)

**Program Description:** *Jovenes Latinos* works with Latino Youth and families.

**Concilio Hispano, Inc.**

52 Broadway

Somerville, MA 02145

**Contact:**

Phone: (617) 629-7090

- Sylvia Saavedra-Keber, Executive Director
- Cira Espinosa, Youth Programs Coordinator

E-mail: [youth@conciliohispano.org](mailto:youth@conciliohispano.org)

**Program Description:**

*Charlas entre Nosotros Program:*

Is based on the Be Proud, Be Ourselves!

Curriculum which is a national model approved by CDC proven to create awareness among youth. It is based on Peer Led education groups called Charlas. Each Charla consist of four group sessions that uses cultural values to reduce the risk of STDs/HIV, pregnancy prevention and increase self-esteem, empowerment and knowledge of STDs among youth. This groups provide empowerment for young Latinos by building leadership, public speaking, decision-making, planning, communication and résumé building skills. Participants earn a stipend of \$100.00 per Charla there is a minimum of 15 group participants.

*Young Parents Support Program:*

Concilio's LUNA (Luchando Unidos para Nuestros Adolescentes – Working together for our adolescents) program focuses on increasing self-sufficiency among young Latino parents under 23 yrs. old in need of the necessary skills, knowledge and resources to successfully manage parenthood. The LUNA program develops a trusting and supportive environment where young parents are provided with culturally sensitive services that meet their direct needs for

information, resources and the skills to recognize and overcome the challenges and risks associated with young parenthood.

*Case Management-Case management*

A comprehensive intake assessment is conducted to identify the participant's basic needs, including: housing, prenatal and primary health care, education, financial stability, transportation, family and individual counseling, information and referrals and peer support.

*Family & Individual Counseling:* Addresses conflict and crisis resolution, personal safety, domestic violence, parenting skills, cultural issues, navigating social systems, transportation skills, prenatal care and child development.

*Peer Support:* Young parents who receive case management and those who need support managing and maintaining their progress may participate in weekly bilingual/bicultural support groups. Through this service, we offer self-esteem, educational opportunities, vocational and career goals, risk-behavior reduction, healthy child development, care and discipline, stress management nutrition and healthy Latino food preparation, maintaining positive relationships with family, personal finances preventative education regarding STDs, HIV/AIDS and substance use.

**Dreams for Youth Foundation**

P.O. Box 440491

Somerville, MA 02144

Phone: (617) 905-5232

Fax: (617) 623-2537

Email: [info@dreamsforyouth.org](mailto:info@dreamsforyouth.org)

Website: [www.dreamsforyouth.org](http://www.dreamsforyouth.org)

**Program Description:** Provides alternative funding for a wide variety of local youth oriented programs.

**Eagle Eye Institute**

14 Chapel St

Somerville, MA 02144

Phone: (617) 666-5222

Email: [nature@eagleeyei.org](mailto:nature@eagleeyei.org)

Website: [www.eagleeywinstitute.org](http://www.eagleeywinstitute.org)

**Contacts:**

- Anthony Sanchez (Director)

Email: [ashanchez@eagleeyei.org](mailto:ashanchez@eagleeyei.org)

- Kent Jackson (Program Director)

Email: [kjackson@eagleeyei.org](mailto:kjackson@eagleeyei.org)

**Program Description:** Hands-on environmental education program at Somerville High School.

### **Elizabeth Peabody House**

277 Broadway Ave

Somerville MA 02145

#### **Contacts:**

- Carolyn Canini  
Phone: (617) 623-5510  
Email: [xtraphoto@hotmail.com](mailto:xtraphoto@hotmail.com)
- Peter George  
Phone: (617) 623-5510

**Program Description:** Afterschool Program for youth.

### **Immigrant Service Providers Group**

337 Somerville Ave, 2nd Floor

Somerville, MA 02143

**Contact:** Alex Pirie

Phone: (617) 776-5931 x243

Email: [apirie@somervillecdc.org](mailto:apirie@somervillecdc.org)

**Program Description:** Purpose of this group is to bring issues that immigrants face to the forefront in Somerville through Health Fairs/Teen Educator groups (occupational healing and safety), hire and train fluently bi-lingual teens as interpreters for the health fairs.

### **Massachusetts Alliance for Portuguese Speakers**

1046 Cambridge St.

Cambridge, MA 02139

**Contact:** Anabela Quelha (Program Manager)

Phone: (617) 864-7600

Fax: (617) 864-7621

Website: [www.map-inc.org](http://www.map-inc.org)

**Program Description:** *Youth Group:*

Educational group for Portuguese speakers focused on HIV/AIDS, tobacco, and violence prevention

### **Mystic Learning Center, Inc**

530 Mystic Ave, Room 103

Somerville, MA 02145

**Contact:** Florence Bergmann

Phone: (617) 623-0110

Fax: (617) 628-7057

Email: [MLCenter@shore.net](mailto:MLCenter@shore.net)

**Program Description:** *School Age Child Care:*

After-school, summer and school vacation week programs for youth age 4.9-12.

*Empowering Competent Youth:* In-school youth employment for ages 14-21. Peer leaders run pre-teen Choice Club for youth age 8-12.

*Launch:* Provides GED preparation and job development for youth age 16-21 that are not enrolled in school.

*Family Events:* Parents meet to plan and share family events for all ages.

*Books of Hope:* A partnership with the Somerville Arts Council; A writing publishing, and performing program for youth and young adults to publish their poems, lyrics, and stories in books to be sold at performance events.

### **Physical Education for Progress (PEP) Grant**

Somerville High School

81 Highland Ave

Somerville MA 02143

**Contact:** Hanna Bruno

Phone: (617) 625-6600 x6253

**Program Description:** Purpose of grant is to expand or improve physical activity and nutrition opportunities for Somerville youth in 4<sup>th</sup>-8<sup>th</sup> grade to improve overall fitness level of children.

### **Regional Center for Healthy Communities (Metrowest)**

552 Mass Ave, Suite 203

Cambridge, MA 02139

**Contact:** Emily Rosenberg

Phone: (617) 441-0700

Fax: (617) 441-0555

Email: [erosenberg@healthiercommunities.org](mailto:erosenberg@healthiercommunities.org)

**Program Description:** Provides free curriculum and activity resources on prevention topics to borrow. Also provides technical assistance to community coalitions to incorporate youth

development principles into community efforts, to prevent substance abuse, and to build healthier communities.

### **Somerville Arts Council**

City Hall Annex  
50 Evergreen Ave  
Somerville, MA 02145  
Phone: (617) 625-6600 x2985  
Fax: (617) 666-4325  
Website: [www.somervilleartscouncil.org](http://www.somervilleartscouncil.org)

#### **Contacts:**

- Gregory Jenkins (E.D. of Council)  
Email: [gjenkins@ci.somerville.ma.us](mailto:gjenkins@ci.somerville.ma.us)
- Lisa Brukilacchio (Project Coordinator for Mystic Mural Project)

#### **Program Description:** *Mystic Mural Project:*

A summer youth opportunity to work with an artist and environmental educator to learn about the Mystic River and paint murals. Participants are paid \$8/hr.

*Books of Hope:* A partnership with the Mystic Learning Center, Inc.; A writing publishing, and performing program for youth and young adults to publish their poems, lyrics, and stories in books to be sold at performance events.

### **Somerville Boys and Girls Club**

- *Washington Street Clubhouse*  
181 Washington Street  
P.O. Box 255  
Somerville, MA 02143  
**Contact:** Liz Murray  
Phone: (617) 628-4665  
Fax: (617) 623-1002  
Email: [emurray@kidsclubs.org](mailto:emurray@kidsclubs.org)
- *Mystic-Healey Clubhouse*  
5 Meacham Street  
Somerville, MA 02145  
**Contact:** Diane Teixeira  
Phone: (617) 828-4585  
Email: [dteixeira@kidsclubs.org](mailto:dteixeira@kidsclubs.org)
- *Blessing of the Bay Clubhouse*  
32 Shore Drive  
Somerville, MA 02145  
**Contact:** Diane Teixeira  
Phone: (617) 828-4585  
Email: [dteixeira@kidsclubs.org](mailto:dteixeira@kidsclubs.org)

### **Somerville Cares About Prevention (SCAP):**

#### *Youth Activities Club*

50 Evergreen Ave  
Somerville, MA 02143

#### **Contacts:**

- Lovelee Heller  
Phone: (617)625-6600 x4322  
Email: [lheller@ci.somerville.ma.us](mailto:lheller@ci.somerville.ma.us)
- Vicki Wairi  
Phone: (617)625-6600 x2570  
Fax: (617) 629-3040  
Email: [vwairi@ci.somerville.ma.us](mailto:vwairi@ci.somerville.ma.us),

**Program Description:** Youth participate in the planning of activities, events and trips for teens.

### **Somerville Community Corporation**

337 Somerville Ave, 2nd Floor  
Somerville, MA 02143  
617.776.5931 x230  
Email: [jkansonbenanav@somervillecdc.org](mailto:jkansonbenanav@somervillecdc.org)

### **Somerville Community Growing Center**

Physical Address: 16 Vinal Ave  
Somerville, MA 02144  
Mailing Address: 16 Holyoke Rd  
Somerville, MA 02144

**Contact:** Lisa Brukilacchio

Phone: (617) 666-2969

Email: [info@thegrowingcenter.org](mailto:info@thegrowingcenter.org)

Website: [www.thegrowingcenter.org](http://www.thegrowingcenter.org)

**Program Description:** The friends of the Community Growing Center coordinate activities at this city-owned ¼ garden/park. Community organizations are encouraged to host events or on-going programs at this outdoor site. Contact us to discuss using space for programs, celebrations, special events or community service opportunities.

### **Somerville Conversations**

337 Somerville Ave, 2nd Floor  
Somerville, MA 02143

**Contact:** Alex Pirie

Phone: (617) 776-5931 x243

Email: [apirie@somervillecdc.org](mailto:apirie@somervillecdc.org)

**Program Description:** Hires fluently bilingual teens as interpreter aides for health events.

**Somerville Community Access TV (SCAT)**

90 Union Square  
Somerville, MA 02143

**Contact:** Wendy Blom

Phone: (617) 628-8826

Fax: (617) 628-1811

Email: [director@access-scat.org](mailto:director@access-scat.org)

**Program Description:** Provides TV and Multimedia production class for Somerville youth. Youth media programs offered afterschool and in summer for youth age 13-18. *SAY! Media Program:* TV and multimedia production class- [outreach@access-scat.org](mailto:outreach@access-scat.org)

**Somerville High School**

81 Highland Avenue  
Somerville, MA 02143

**Contact:** Carolyn Richards

Phone: (617) 625-6600 x6125

Fax: (617) 628-8413

Email: [crichards@k12.somerville.ma.us](mailto:crichards@k12.somerville.ma.us)

**Somerville Trauma Response Network  
City of Somerville Health Department**

50 Evergreen Ave.

Somerville, MA 02143

**Contact:** Leni Gross Young (TRN Manager)

Phone: (617) 625-6600 x4325

Cell: (857) 221-0942

Beeper (emergency): (617) 540-5400

**Program Description:** Trained, volunteer network provides support to community youth related to unexpected tragedies/consultation around traumatic incidents in the city.

**Teen Empowerment (West)**

155 Powderhouse Blvd.

Somerville, MA 02144

**Contacts:**

- Leon David  
Phone: (617) 851-0907  
Email: [leon@teenempowerment.org](mailto:leon@teenempowerment.org)
- Danny McGlaughlin  
Phone: (617) 851-0857  
Email: [danny@teenempowerment.org](mailto:danny@teenempowerment.org)

**Teen Empowerment (East)**

165 Broadway

Somerville, MA 02144

**Contacts:**

- Natacha Montana  
Phone: (617) 625-6600 x2254  
[natacha@teenempowerment.org](mailto:natacha@teenempowerment.org)
- Emmanuel Charles  
Phone: (617) 625-6600 x2254

**Program Description:** Employs youth age 14-19 in the community to bring about social change as community organizers. Youth develop a strategy and hold events to create positive social change.

**The Family Center**

366 Somerville Avenue

Somerville, MA 02143

Phone: (617) 628-8815

**Program Description:** *Girls II Woman:* A free after school program for middle school girls that promotes self-esteem, positive relationships, and leadership skills.

*The Parenting Journey:* A free 12 week parent support group. Day and evening groups available, childcare also provided.

*Parenting in America:* A free 8 week group for immigrant parents. The group explores ways to honor cultural strengths while adapting to life and parenthood in this country. Groups are in English, Haitian Creole, and Spanish, childcare also provided.

*Transitions:* A free parent-child group for families with children approximately 6-12 who have experienced domestic violence. Groups are 12 weeks in length, childcare also provided.

**Tufts University****Lincoln Filene Center for Community Partnerships**

Lincoln Filene Hall-Tufts University  
Medford, MA 02155

**Contact:** Lisa Brukilacchio

Phone: (617) 627-3656

Fax: (617) 627-3401

**Community Relations**

120 Packard Avenue

Medford, MA 02155

**Contacts:** Barbara Rubel & Susan Grassl

Phone: (617) 627-3780

Fax: (617) 627-3383  
Website: [www.tufts.edu](http://www.tufts.edu)

**Wayside Youth and Family Support  
Network**

18 Dell Street  
Somerville, MA 02145  
**Contact:** Suzanne Boucher  
Phone: (617) 926-3600 x309  
E:[suzanne\\_boucher@waysideyouth.org](mailto:suzanne_boucher@waysideyouth.org)

**Writers Express**

366 Somerville Avenue  
Somerville, MA 02143  
**Contact:** Christine DiBuono  
Phone: (617) 776-7128  
Fax: (617) 776-7321  
Website: [www.wex.org](http://www.wex.org)  
Email: [Christine@wex.org](mailto:Christine@wex.org)

**Program Description:** Summer program for high school and middle school students; provides opportunities for youth to improve their writing skills, play sports, go on fun and rewarding trips, and meet new friends.

**YMCA**

101 Highland Ave  
Somerville, MA 02143  
Phone: (617) 625-5050

**Contacts:**

- William Murphy (Exec. Director)
- Michael Williams (Youth Activities Director)
- Joseph Pinto (Youth Services Director)

**Program Description:** *YMCA Outreach*

*Program-NYPUM:* A year-round counseling/adventure activities program designed to meet the needs of at-risk youth  
*YMCA High School Fitness Program:* Youth have access to gym, weight room, track, and pool during scheduled hours.

*Cops and Kids Program:* Designed to acquaint youth with police officers and provide mediation and substance abuse prevention training.